

## VEGGIE-FRIENDLY RESTAURANTS OF THE LEHIGH VALLEY (and beyond)

Collected April 2007 by Len Frenkel ([frenkel@rcn.com](mailto:frenkel@rcn.com)) LV Vegetarian Association President

Amazon Café, Bethlehem

Amici, Emmaus—Italian, excellent veggie entrees

Antipasta Too—Allentown

Apollo Grille, Bethlehem

Arnold's Way, Lansdale, raw food, vegan

Balasia, Emmaus; vegan; Wendy Landiak, previous proprietor of Green Cafe

Bay Leaf Restaurant, Allentown—made to order veggie entrees

Betty's, Kutztown—eat-in and take out, all veggie

Bombay Grille, Easton—very good

Blue Sky Café, south Bethlehem—only breakfast and lunch

The Bridgeworks, South Bethlehem

Café Origins, Jim Thorpe—excellent

Candle Café, NYC—all vegetarian

China King, Allentown—good take-out

Damascus, Allentown—middle-eastern, several veggie entrees, highly recommended

Eastern Chinese Restaurant, Bethlehem—5 or 6 standard veggie entrees

Essene Natural Food Market, Phila.

Everybody's Café, Stroudsburg—at least 8 vegan entrees and daily soup

Expressly Vegetarian Café, Chestnut Hill—7<sup>th</sup> Day Adventist, lunch only

Fiesta Ole; Emmaus---Mexican

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Govinda's Café, Phila.

Grille 3501, Cetronia—2 veggie entrees, very good

House of Chen, Allentown—sit-down

Hunan Springs, Wescosville—several good veggie entrees

KimChee Express, Bethlehem--- Korean

Kingdom of Vegetarians, Phila.

Kow Thai, Allentown—Thai, take-out

LoBaidos, Allentown—several veggie Italian entrees, made to order by owner Bernie

Mangia Italian Rest., Whitehall—several veggie entrees

Mango's, Allentown—excellent choices

Mary Margaret's Kitchen & Tea Room-- Emmaus

Nan King, Allentown—excellent take-out of veggie entrees

Nawab, South Bethlehem—Indian; wide selection

New China, Catasauqua—take out primarily

Nutricurean, Berkshire Mall West, Wyomissing---extensive veggie menu

Olive Branch, South Bethlehem—middle-eastern standard fare

Oriental Gourmet, Lower Saucon; 378 and Black River Rd; several exc. Veg. entrees

Palace of India, Emmaus—several good veggie entrees

Panera Bread, Bethlehem(Rt.512) and Whitehall

Paolo's, Northampton—Italian, chef-owner

Phenom; Easton, Northampton St., Asian

Pho Vunj Tau, Allentown-- Vietnamese

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Pistachio's, Allentown—many veggie entrees

Shanty, The, Allentown—several veggie offerings

Singapore, Phila.—all vegetarian

Sonia's; Bethlehem---Linden/North Sts.

Su Tao, Malvern—all vegan entrees

Syb's, west Allentown—breakfast and lunch

The Café, Bethlehem—several Thai dishes

Tortilla Flats, Bethlehem—several Mexican veggie entrees

Touch of Thai, Easton—several veggie items and tofu dishes made to order

Vegan Treats, Linden St., Bethlehem—desserts

Water to Go: Diet and Nutrition Center, Easton—interesting-looking menu

Wert's Café; Allentown; N. 18<sup>th</sup> St.---several veg entrees

Wildflower Café & Gallery; S. New St., S. Bethlehem

Zabower's, Main St., Hellertown

Zen Palate, New York City--