

CoV Prevention in the Home and Office

- CoV particles can spread by airborne droplets, close contact with an infected person, and contact with objects contaminated with the virus
- CoV particles can remain viable on objects for up to 72 hours, but only 24 on cardboard
- Ethanol is effective against most clinically relevant viruses
- Nebulizing Eucalyptus essential and tea tree EO for 15 seconds is a fast and effective method to eliminate airborne influenza droplets within 15 minutes. Additional EOs can include bergamot, thyme, cinnamon, clove, cinnamon, sweet orange, and rosemary

